



Caregiving Cafe

Comfort for family caregivers ~ Information Resources Support Solutions

SUPPORT FOR FAMILY CAREGIVERS ~ 2018

Caregiving Cafe /Alz + Dementia @ Mt. Olive

10408 Hwy 290 W, Austin 78736 ~ Conference Room

1st Wednesday of the month 10:30-11:30am

~ 1/3	4/4	7/11	10/3
~ 2/7	5/2	8/1	11/7
~ 3/7	6/6	9/5	12/5

Caregiving Cafe @ Legacy Oaks

7501 Hwy 290 W, Austin 78736

1st Monday of the month 10:30am-12pm

~ 1/8	4/9	7/2	10/1
~ 2/5	5/7	8/6	11/5
~ 3/5	6/4	<u>9/10</u>	12/3

Caregiving Cafe @ Élan Southpark Meadows

9320 Alice Mae Lane, Austin 78748

2nd Tuesday of the month 10:30am-12pm

~ 1/9	4/10	7/10	10/9
~ 2/13	5/8	8/14	11/13
~ 3/13	6/12	9/11	12/11

Caregiving Cafe @ Ledgestone

13150 Four Star Blvd., Austin 78737 ~ Capital Room, Independent Living

2nd Thursday of the month 10:30am-12pm

~ 1/11	4/12	7/12	10/11
~ 2/8	5/10	8/9	11/8
~ 3/8	6/14	9/13	12/13

Caregiving Cafe @ St. Catherine

4800 Convict Hill Rd., Austin 78749 ~ Room 202 or 205

4th Thursday of the month 10:30am-12pm

~ 1/25	4/26	7/26	10/25
~ 2/22	5/24	8/23	<u>11/29</u>
~ 3/22	6/28	9/27	Dec. TBA

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 Email for info, resources, support! \* Ask your employer for Caregiving Cafe at the workplace!  
 Friends, family & colleagues welcome! \* Take good care of yourself!

RSVP to Lynn 2 days before each meeting appreciated: [forum@caregivingcafe.com](mailto:forum@caregivingcafe.com)



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